



With the Columbia River to the north and the park's namesake to the south, Blue Lake Regional Park offers 185 acres in a natural greenway that provides a calm, quiet retreat from city life for birds, wildlife – and people.

One mile west of the Sandy River Delta, Blue Lake is a natural lake fed by underground springs. Before 1939, when a levee was installed along Northeast Marine Drive, natural wetlands connected Blue Lake and the Columbia River. allowing fish and wildlife to move with ease.

Today, Blue Lake is home to a selfsustaining population of bluegill, black crappie and largemouth bass. Anglers can try their luck along a fishing pier at the park.

Reclaimed wetlands in the park provide habitat for native wildlife, including beavers, river otters and Northern redlegged frogs, which are listed by the state as a sensitive species that's under threat.

The park's many walking paths allow an opportunity to see wildlife and experience nature without disturbing the delicate ecosystem.

Long before the area's current inhabitants. the south shore of the Columbia River was home to Nichaqwli (neeCHAHKlee) Village, as documented in the diaries of Meriwether Lewis and William Clark. Carved cedar house posts and canoeshaped benches offer visitors a glimpse of the Chinook village that once thrived here.

Today, Blue Lake continues to serve as a gathering place. Children play at the water spray ground, families fish from the pier and disc golfers play the 18-hole course. Osprey circle above looking for fish, coyotes hunt for squirrels and beavers build lodges on the lakeshore.

On a clear day, Mount Hood is framed by the shores of the lake, providing spectacular views and a visual reminder of the wild landscape surrounding the placidity of Blue Lake.

### Be on the lookout!









Pacific chorus frog



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# Season-by-season highlights

**Spring:** Nearly 100 Kwanzan cherry trees burst into vibrant pink blossoms. Listen to the wetlands come alive as frogs come out of hibernation and ducks and geese begin preparing their nests for babies later in the season. Get your fishing gear and take advantage of the annual trout stocking in April and May. Bring the kids to build forts in the nature play area, which features natural elements such as logs, sand and stones.

**Summer:** Come out for a picnic, or enjoy a round of disc golf. Pack a lunch and pedal the Marine Drive Trail to Blue Lake. Take a walk through the wetlands in search of blue and green herons, basking turtles and other native wildlife. Look for osprey and bald eagles – occasionally with a slippery silver fish in their talons – flying between the Columbia River and Blue Lake. The park offers fields for soccer, kickball and softball, three volleyball courts and horseshoe pits. Children can splash around at the water spray ground.

**Fall:** Larger animals return as the crowds retreat. Deer graze from branches, and squirrels collect and bury their acorns for the winter. Disc golfers challenge their skills against the autumn breezes and many come to enjoy cooler, quieter picnics, soccer games and family gatherings amid the autumn colors.

Winter: Wildlife comes out of the woodwork. Watch red-tailed hawks swoop from trees in search of their next meal. Identify them by their dark heads, light breasts and dark belly bands, best seen when they are in flight. Flocks of Canada geese browse in the fields as bald eagles soar above. The park offers more than two miles of paved and gravel paths for walking and jogging. Or enjoy a day of quiet fishing.

## **Blue Lake Park**

21224 NE Blue Lake Road, Fairview

#### **Getting there**

From Interstate 84, take exit 14 and go north on Fairview Parkway. Turn right on Northeast Sandy Boulevard, left on Northeast 223rd Avenue and left onto Northeast Blue Lake Road. Or bike to the park on the Marine Drive Trail.

#### Know when you go

No dogs or alcohol, please. Mostly wheelchair accessible. \$5/car, \$7/ bus parking fee, free with annual pass.

#### Amenities

Four playgrounds/nature play areas, free and reservable picnic areas, splash pad, 18-hole gold level disc golf course, ballfields, horseshoe pits, basketball and volleyball courts, fishing pier and Discovery Garden.

### **Pets policy**

To protect plants, wildlife and people, Metro does not allow pets at most regional parks and natural areas. Pets can damage sensitive habitat and threaten wildlife the region has worked to protect. In natural areas where pets are not allowed, people see more wildlife and get closer to it. Seeing-eye dogs or other service animals are allowed. Please bring cleanup materials.

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