

Sort it out

Keep this list near your recycling bin or on your fridge to make sure you're recycling right. It won't take long, but it will make a difference for the environment.



 **Follow us on Instagram!**



Don't see your item on the list?

Send a photo of your item to @recycleornot on Instagram or visit oregonmetro.gov/recycleathome.

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About Recycle or Not

Recycle or Not is a community resource created by Metro and local government partners in greater Portland, Oregon area. We're working to reduce waste and protect the environment by sharing information about how to recycle right.

Don't see your item on the list?

Call Metro at 503-234-3000 if you have further questions on what is and isn't recyclable or send an email to AskMetro@oregonmetro.gov.

Clackamas County

503-557-6363
wasteinfo@clackamas.us

Multnomah County

City of Gresham: 503-618-2525
Recycle@GreshamOregon.gov

City of Portland: 503-823-7202
wasteinfo@portlandoregon.gov

If you live in Fairview, Maywood Park, Troutdale or Wood Village contact Metro at 503-234-3000 or email AskMetro@oregonmetro.gov.

Washington County

Washington County: 503-846-3605
recycle@co.washington.or.us

City of Beaverton: 503-526-2665
recyclingmail@beavertonoregon.gov

Recycle or not?

How to sort the most confusing items.



Want to test your recycling knowledge?
Visit RecycleOrNot.org.

 Metro **RecycleOrNot.org** @recycleornot

RecycleOrNot.org

Not recyclable at home or work



Plastic shopping bags



Plastic produce containers (for berries, herbs, etc.)



Hot drink cups (clean or dirty)



Wires, hoses, chains and electric cords



Plastic produce bags



Plastic wrap



Plastic takeout containers and utensils



Plastic takeout containers and chopsticks



Plastic lids



Square plastic snack containers



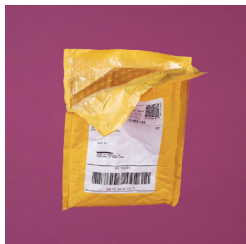
Boxes for frozen and refrigerated food



Clothes and fabric



Takeout boxes



Envelopes with bubble wrap inside



Styrofoam



Plastic cups, lids and straws

Hazardous



Batteries (and things with batteries in them)



Batteries (and things with batteries in them)



Batteries



Medical sharps (syringes, needles, etc.)

Recyclable



Glass
Glass bottles and jars (green, clear and brown). No broken glass. Put glass items in a separate bin.



Metal
Aluminum, tin and steel cans, empty dry metal paint cans, empty aerosol cans, aluminum foil, scrap metal (shorter than 30 inches and less than 30 lbs).



Plastic
Round food containers (6 oz. or larger), jugs, jars and bottles (6 oz. or larger), plant pots (4-inch diameter or larger), buckets (5 gallons or smaller).



Paper
Newspapers, egg cartons, magazines, catalogs, flattened cardboard boxes, scrap paper, cartons (milk, juice, soup).

Remember to empty and rinse items, and throw caps and lids in trash.