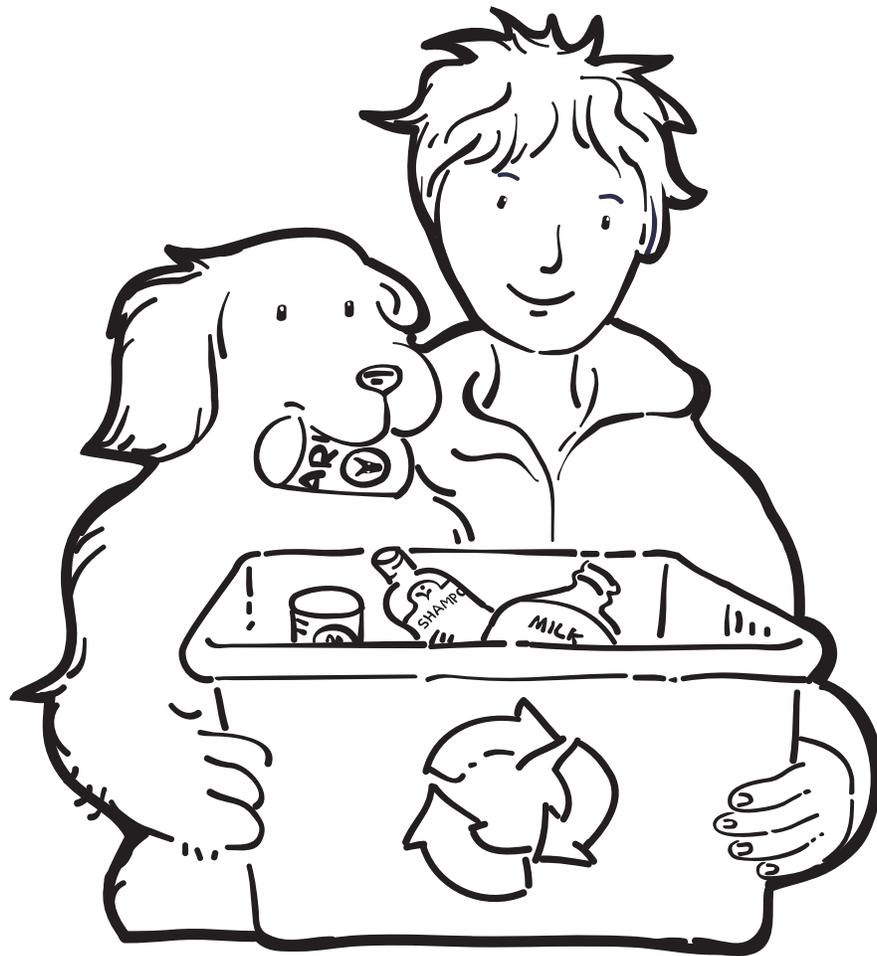


Make a difference every day

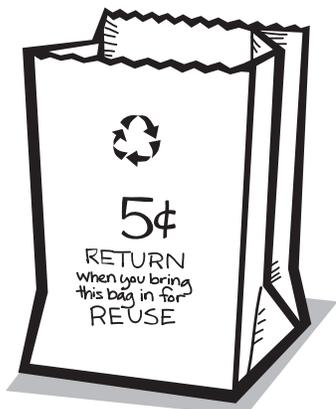
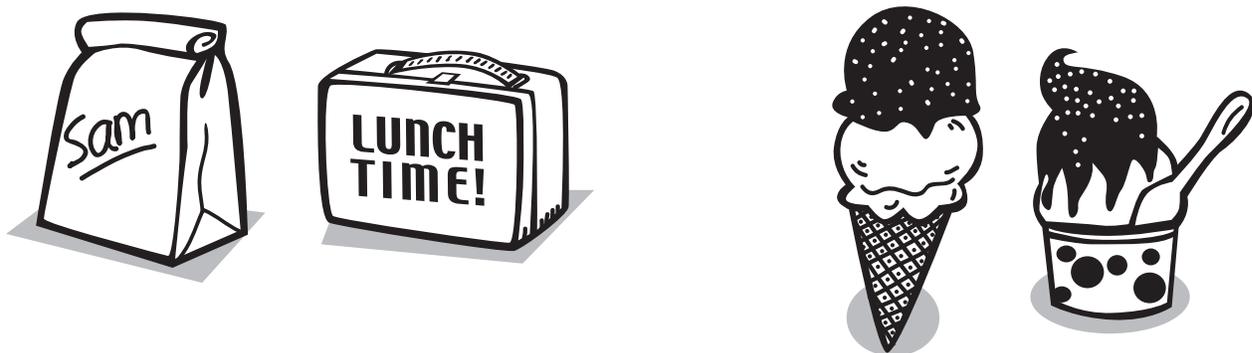
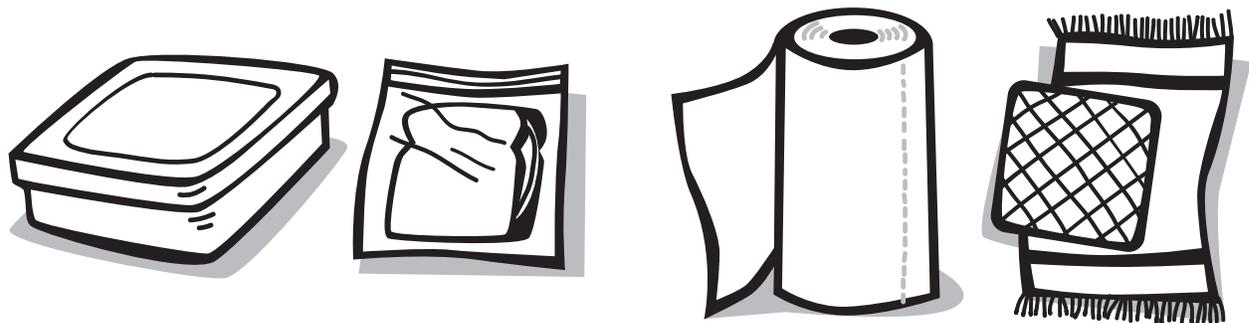
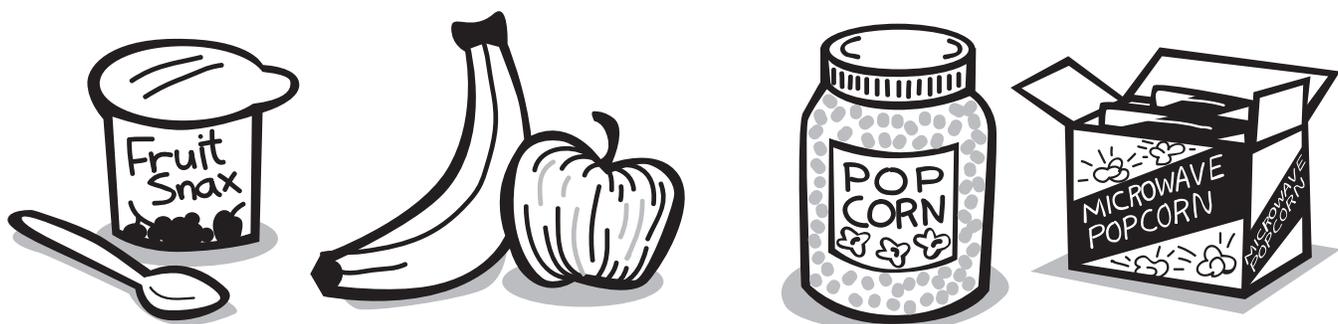
# Be a Resource RRR rescuer!



Reducing, reusing and recycling can help conserve natural resources. To find out how, color your way through this activity book.

Use as little as you can

# That's Reduce!



If you reduce first, you can cut down on things that need to be reused, recycled or thrown away.

You will also save resources! The best way to reduce is to think carefully about what you are buying.

For each pairs of items above, color the item that will create less garbage or use fewer resources. Put an X through the item that would use more resources or make more garbage.

Use it again and again

# That's Reuse!

Many items can be used again before they are recycled or thrown away. When items are reused, less garbage is created and fewer new materials from natural resources are needed.

Choose one or more items from the Art Box and design a way to reuse them.



Everything we

# Natural Resources

**Sand**



**Glass**

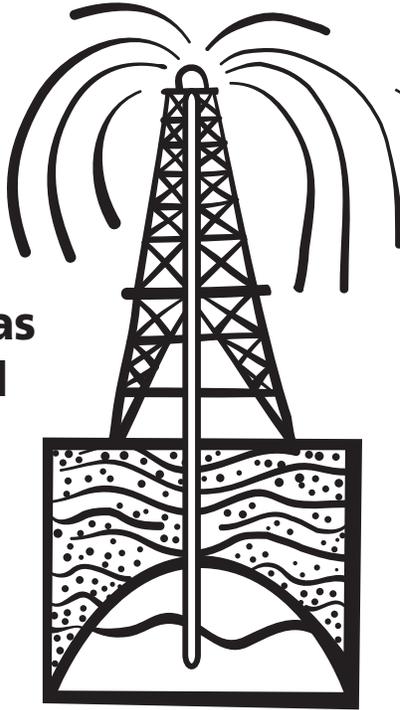
(glasses)

**Silicon**

(computer chips)

**Plastics**

**Natural gas**  
**Crude oil**



**Trees and plants**



**Paper**  
**Wood**  
**Cloth**



use comes from

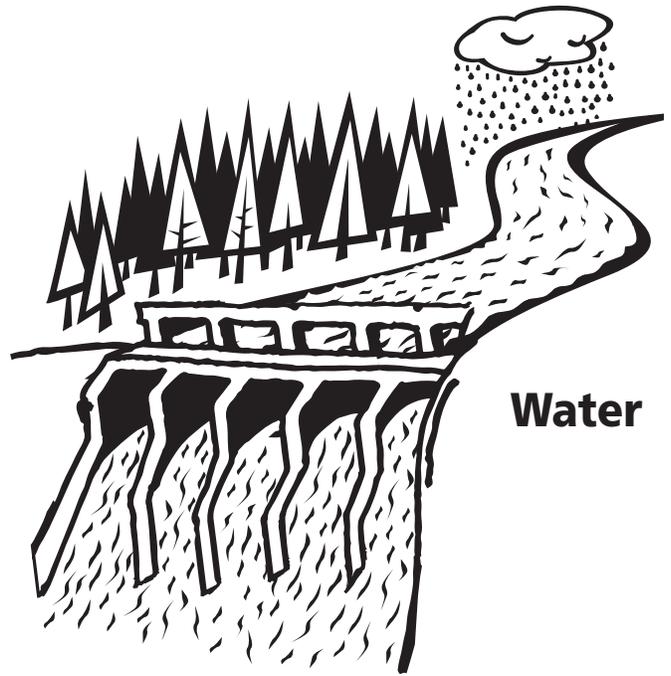
# Resources



**Mineral ores**



**Metal:**  
aluminum  
silver  
steel  
tin  
and more

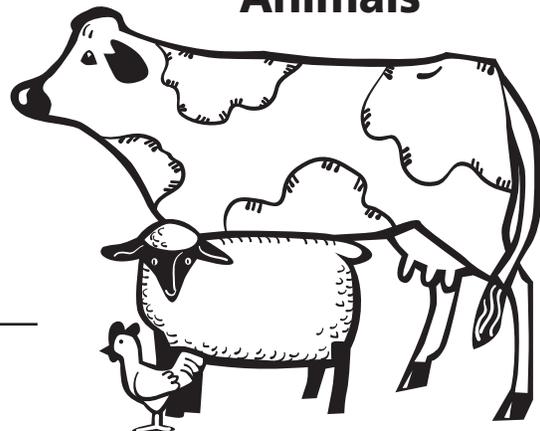


**Water**

**Electricity**



**Animals**



**Food  
Leather  
Cloth**

Put it in your curbside bin

# That's Recycle!

In our region, most families can recycle at curbside.  
Circle the items that can be collected for recycling in your city.



Corrugated cardboard and brown paper bags



Magazines and catalogs



Newspapers and phone books



Steel (tin) cans and empty aerosol cans



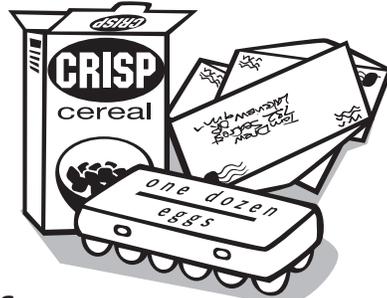
Glass bottles and jars



Used motor oil



Paper milk cartons and juice boxes



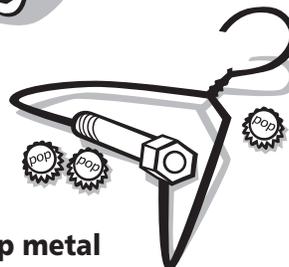
Scrap paper



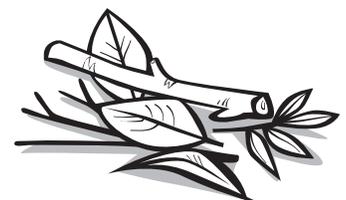
Plastic bottles and milk jugs



Aluminum



Scrap metal



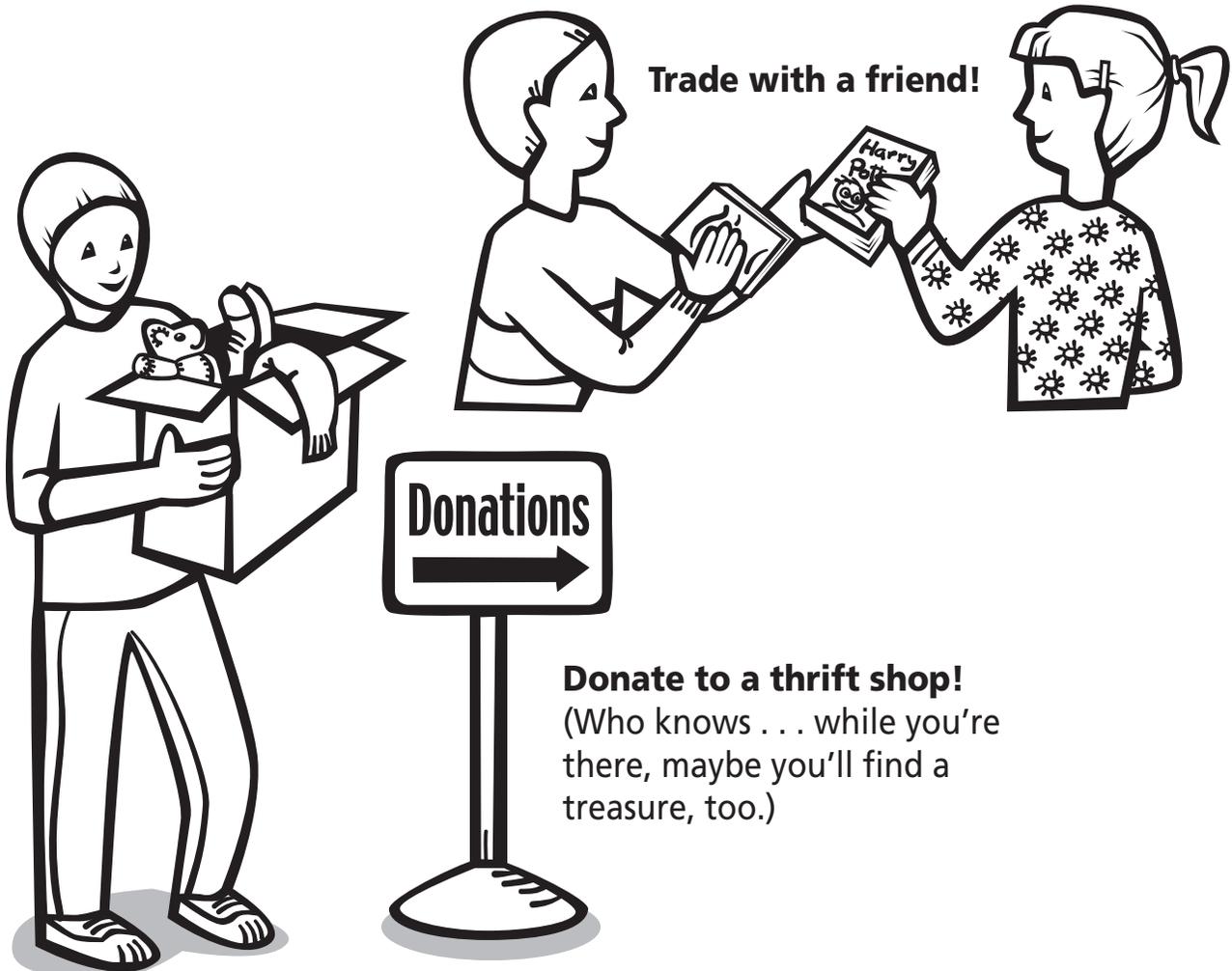
Yard debris

# Used doesn't mean "used up"



**Have a garage sale!**

Instead of throwing away unwanted items, find a new home for them. Gather up your good used toys or clothes and sell or donate them to someone who can use them.



**Trade with a friend!**

**Donate to a thrift shop!**  
(Who knows . . . while you're there, maybe you'll find a treasure, too.)

# Can you find the hidden RRR words?

Circle the RRR words you find hidden in the puzzle. Cross out the words on the list when you find them in the puzzle. Words are horizontal, vertical and diagonal.

- REDUCE
- REUSE
- RECYCLE
- NATURAL
- RESOURCES
- CONSERVE
- OIL
- ROCKS
- SAND
- TREES
- GLASS
- METAL
- PAPER
- PLASTIC

N	A	T	U	R	A	L	Z	W	E
R	E	U	S	E	Q	R	S	C	G
H	O	I	L	S	L	M	U	O	Y
V	M	T	B	O	A	D	X	N	P
T	E	R	W	U	E	L	G	S	L
P	T	E	O	R	F	P	G	E	A
A	A	E	S	C	K	L	S	R	S
P	L	S	Z	E	K	O	A	V	T
E	A	D	N	S	M	S	N	E	I
R	E	C	Y	C	L	E	D	E	C

## Note to parents and guardians

Please read through this booklet with your child and help make a difference every day in your home! For more information about waste prevention, including composting, household hazardous waste and recycling, call **Metro Recycling Information** at **503-234-3000** or go to **oregonmetro.gov/recycling**.



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