



My healthy lawn and garden pledge

I will do my best to keep my home and community safe.

- ___ I pledge to **reduce** my use of garden pesticides, including weed and feed.
- ___ I pledge to **stop** using garden pesticides, including weed and feed. (Get a free yard sign.)
- ___ I am **already pesticide-free** in my garden. (Get a free yard sign.)

Name* _____

Address _____
(For sending yard sign for mailed-in pledges)

City* _____ Zip* _____

Neighborhood _____

Email _____

Signature* _____ Date _____
(For Metro's home and garbage news)

*Required information
Program area residents only; one pledge per household; while supplies last.
Contact Metro at 503-234-3000 for more information.

\$5 off the good stuff

Compost, native plants and hand-weeding tools

For a list of participating stores, see other side or visit oregonmetro.gov/gardenshops. Limit one coupon per customer per store. Requires a \$20 minimum purchase before discount. All eligible products may not be available at every store. Expires 12/31/2022.

Free hazardous waste disposal

Bring a load of household toxics, like **pesticides and cleaners**, and Metro will waive the usual \$5 fee. The maximum load size is 35 gallons. This coupon is required for a fee waiver. Expires 12/31/2022.



Detox the home

Use less toxic products in and around the home. Chemicals in items like paint, pesticides and antifreeze can harm our health, air and water. Fewer harmful chemicals means better air quality and a less toxic environment.



Ask Metro how you can:

- Improve soil with compost.
- Attract pest-eaters and pollinators using native plants.
- Use tools, not toxics to remove weeds or pests.
- Save money by making your own safe cleaning products.
- Safely dispose of home and garden chemicals at one of our collection sites.

Visit us online, learn in person or chat with one of our experts.

Metro
503-234-3000
oregonmetro.gov/toolsforliving



Your family, your home, your yard.
Keep them healthy and safe.

Inside: Find coupons and resources, and take the healthy lawn and garden pledge.



Printed on recycled-content paper. NGPL20133



Grow smart. Grow safe.

You want to protect your plants from bugs, weeds and diseases. But be sure to protect your family and your pets, too. Most pesticides can be hazardous – even organic ones. If you're considering using a pesticide, choose the lowest-hazard option that will get the job done. Ask Metro or check the list at growsmartgrowsafe.org

Ask an OSU Master Gardener.

Master Gardeners love giving guidance on how to better care for your yard. They can diagnose plant problems, offer landscaping advice, and provide tips and techniques to maintain your plants without toxic chemicals.

OSU Extension Service Master Gardeners™
Clackamas County: 503-655-8631
Multnomah County: 503-445-4608
Washington County: 503-821-1150

For more information visit
metromastergardeners.org



Simple ways to detox the home

- **Clean green:** Cleaning without harsh chemicals is simple, safe and effective. Try making your own cleaners with recipes from our website at oregonmetro.gov/healthyhome.
- **Get rid of harmful products you don't need:** You can bring old stuff to your local hazardous waste station. Call 503-234-3000 to find out where the nearest facility is.
- **Buy healthy products:** At the store, look for short ingredient lists that contain fewer harmful chemicals.



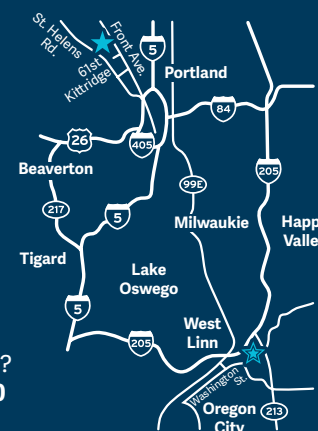
Participating retailers:

Beaverton: Farmington Gardens **Boring:** Boring Square Garden Center **Cornelius:** S&H Landscape **Damascus:** Tony's Garden Center **Forest Grove:** Ace Hardware **Gresham:** Schedeens Farm **Happy Valley:** Tony's Garden Center **Lake Oswego:** Dennis' 7 Dees **Milwaukie:** Concentrates, Inc., McFarlane's Bark **Oregon City:** Echo Valley Natives **Portland:** Beaumont Hardware, Birds and Bees Nursery, Cornell Farm, Dennis' 7 Dees Cedar Hills, Garden Fever!, Linnton Feed & Seed, Livingscape, Mt. Scott Fuel, Naomi's Organic Farm Supply, Portland Nursery on Division and on Stark, Tony's Garden Center **Tualatin:** Hughes Water Gardens, S&H Landscape **West Linn:** Bosky Dell Natives



- ★ **Metro Central Station**
6161 NW 61st Ave.
Portland
- ★ **Metro South Station**
2001 Washington St.
Oregon City

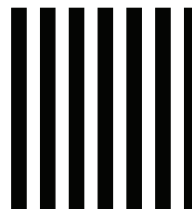
Questions about safe disposal of your toxic trash? Ask Metro at **503-234-3000** or oregonmetro.gov/hhw



I pledged!
Please send my yard sign.



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES



BUSINESS REPLY MAIL
FIRST-CLASS MAIL PERMIT NO. 31 PORTLAND OR

POSTAGE WILL BE PAID BY ADDRESSEE

NATURAL GARDENING
METRO
600 NE GRAND AVE
PORTLAND OR 97232-9903

