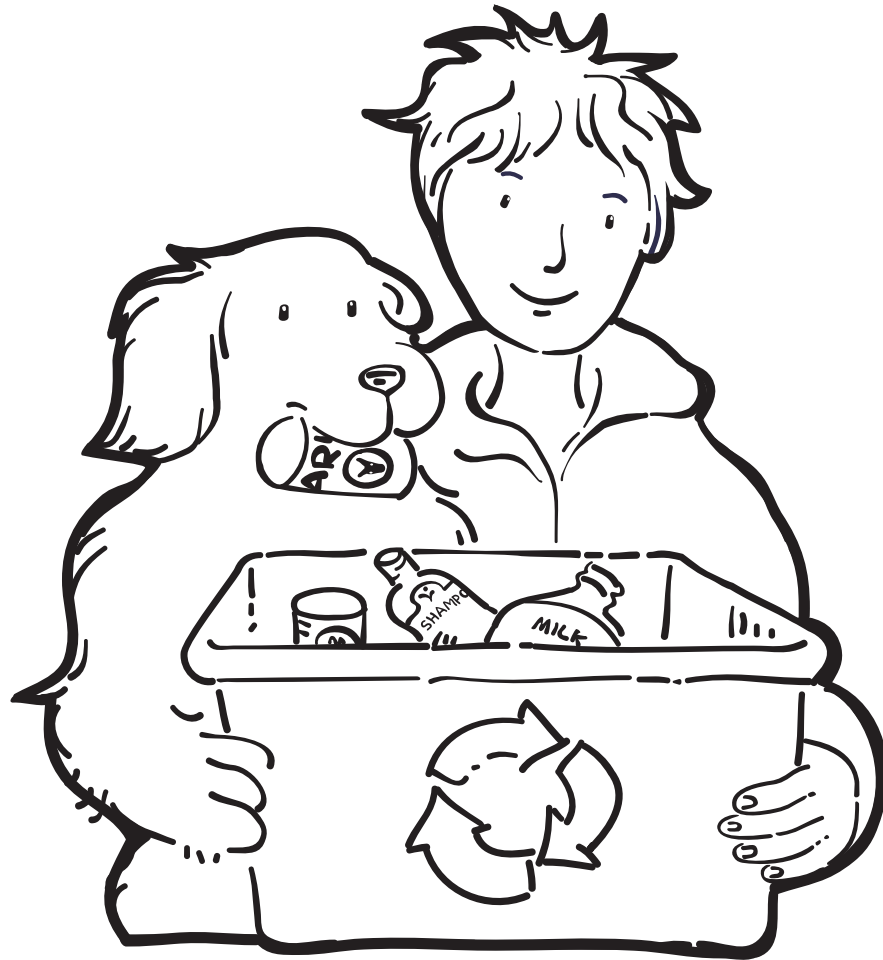


Make a difference every day

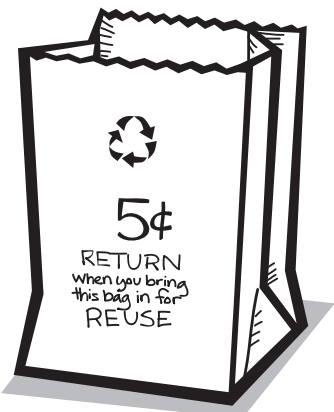
Be a **Resource** **RRR**escuer!



Reducing, reusing and recycling can help conserve natural resources. To find out how, color your way through this activity book.

Use as little as you can

That's **Reduce!**



If you reduce first, you can cut down on things that need to be reused, recycled or thrown away.

You will also save resources! The best way to reduce is to think carefully about what you are buying.

For each pairs of items above, color the item that will create less garbage or use fewer resources. Put an X through the item that would use more resources or make more garbage.

Use it again and again

That's **Reuse!**

Many items can be used again before they are recycled or thrown away. When items are reused, less garbage is created and fewer new materials from natural resources are needed.

Choose one or more items from the Art Box and design a way to reuse them.



Everything we

Natural R

Sand



Glass

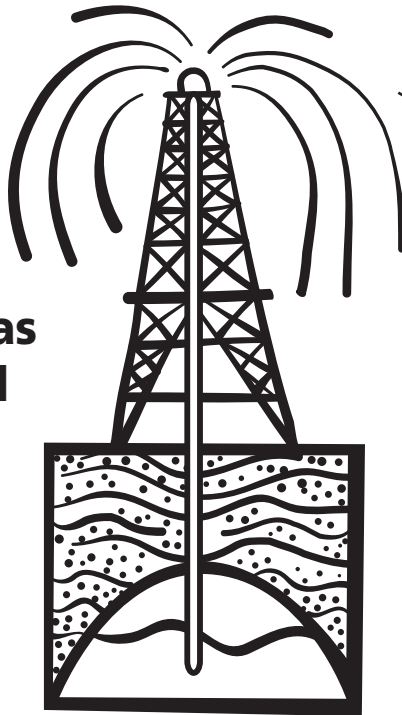
(glasses)

Silicon

(computer
chips)

Plastics

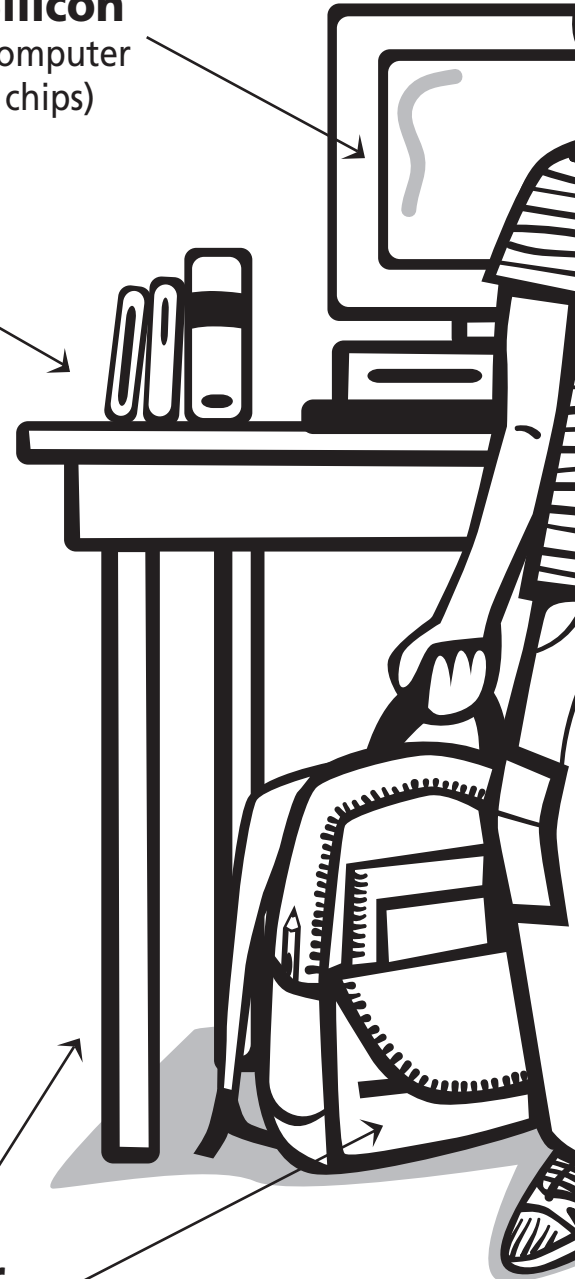
Natural gas
Crude oil



Trees and plants



Paper
Wood
Cloth



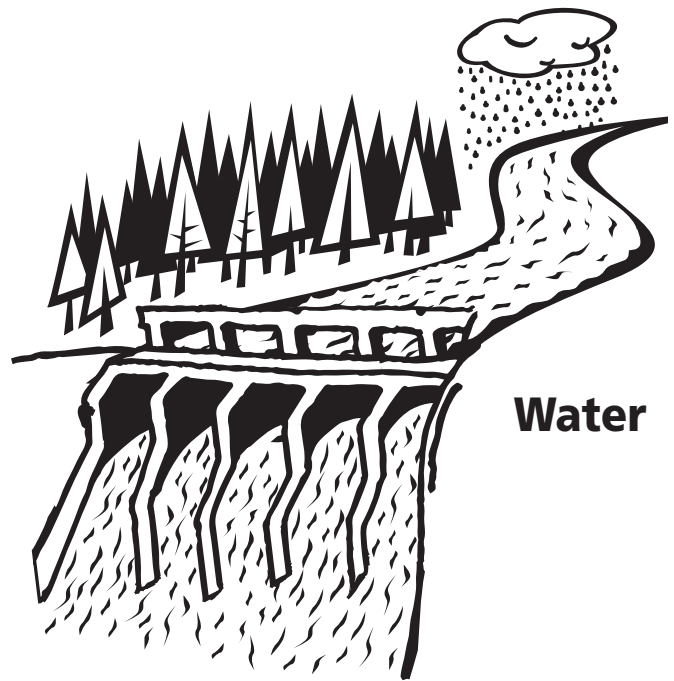
use comes from **Resources**



Mineral ores



Metal:
aluminum
silver
steel
tin
and more

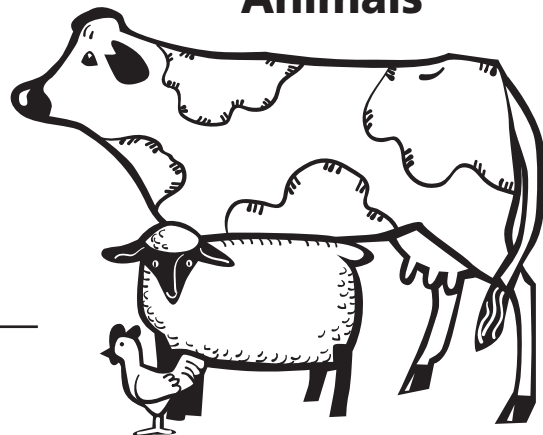


Water

Electricity



Animals



**Food
Leather
Cloth**

Put it in your curbside bin

That's **Recycle!**

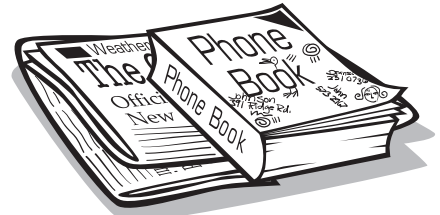
In our region, most families can recycle at curbside.
Circle the items that can be collected for recycling in your city.



**Corrugated cardboard
and brown paper bags**



**Magazines and
catalogs**



**Newspapers and
phone books**



**Steel (tin) cans and
empty aerosol cans**



**Glass bottles
and jars**



Used motor oil



**Paper milk cartons
and juice boxes**



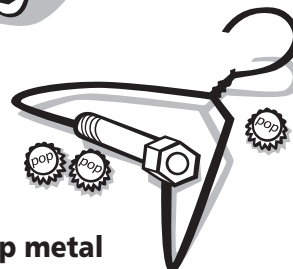
Scrap paper



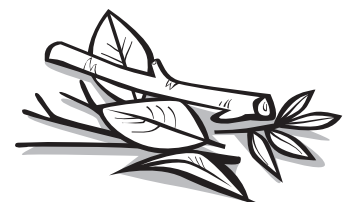
**Plastic bottles
and milk jugs**



Aluminum



Scrap metal



Yard debris

Used doesn't mean "used up"



Have a garage sale!

Instead of throwing away unwanted items, find a new home for them. Gather up your good used toys or clothes and sell or donate them to someone who can use them.



Trade with a friend!

Donate to a thrift shop!

(Who knows . . . while you're there, maybe you'll find a treasure, too.)

Can you find the hidden RRR words?

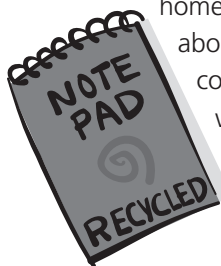
Circle the RRR words you find hidden in the puzzle. Cross out the words on the list when you find them in the puzzle. Words are horizontal, vertical and diagonal.

REDUCE
REUSE
RECYCLE
NATURAL
RESOURCES
CONSERVE
OIL
ROCKS
SAND
TREES
GLASS
METAL
PAPER
PLASTIC

N	A	T	U	R	A	L	Z	W	E
R	E	U	S	E	Q	R	S	C	G
H	O	I	L	S	L	M	U	O	Y
V	M	T	B	O	A	D	X	N	P
T	E	R	W	U	E	L	G	S	L
P	T	E	O	R	F	P	G	E	A
A	A	E	S	C	K	L	S	R	S
P	L	S	Z	E	K	O	A	V	T
E	A	D	N	S	M	S	N	E	I
R	E	C	Y	C	L	E	D	E	C

Note to parents and guardians

Please read through this booklet with your child and help make a difference every day in your home! For more information about waste prevention, including composting, household hazardous waste and recycling, call **Metro Recycling Information** at **503-234-3000** or go to **oregonmetro.gov/recycling**.



Printed on recycled-content paper. RCAB 17103



Metro

oregonmetro.gov

© Metro, Portland, Ore. 2009
600 NE Grand Ave., Portland, OR 97232