



Tell us about it

What was your favorite activity?
Tell a ranger or someone at the
Welcome Center to claim your
reward for playing.

Word search

C D E E R D O P S I S H C
B Y S B A L D E A G L E A
E S Q N E W T C L L W M D
A M U S H R O O M A O L D
V C I M I N K Y O M F O I
E H R N T C L O N P U C S
R I R A B B I T G R N K F
O N E L K E C E F E G O L
B O L D S A H I N Y I T I
O O I E K R E M A P L E E
B K W R A S N A I L E S S
C O H O H D O R C H I D Y

deer	coyote	coho	fungi
salmon	elk	owl	mink
mushroom	lichen	bear	chinook
beaver	bald eagle	orchid	snail
alder	squirrel	lamprey	newt
rabbit	maple	caddisflies	hemlock

Draw something

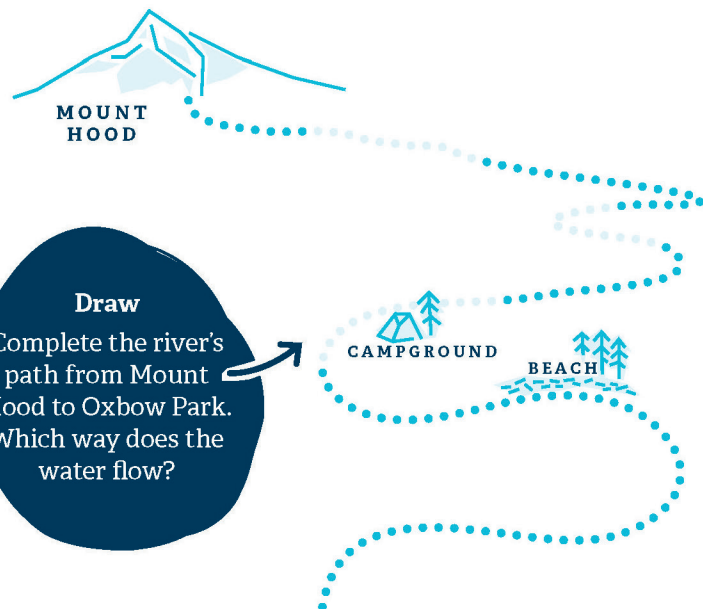
Like an animal footprint you find.
Or your view of the river or forest.
Or a make a rubbing of a leaf.

Kids' Activity Guide



RIVER AND BEACH

Did you know the snow on Mount Hood melts to become part of the Sandy River? Most of the beach's rocks and sand came from Mount Hood's eruption 200 years ago.



Look

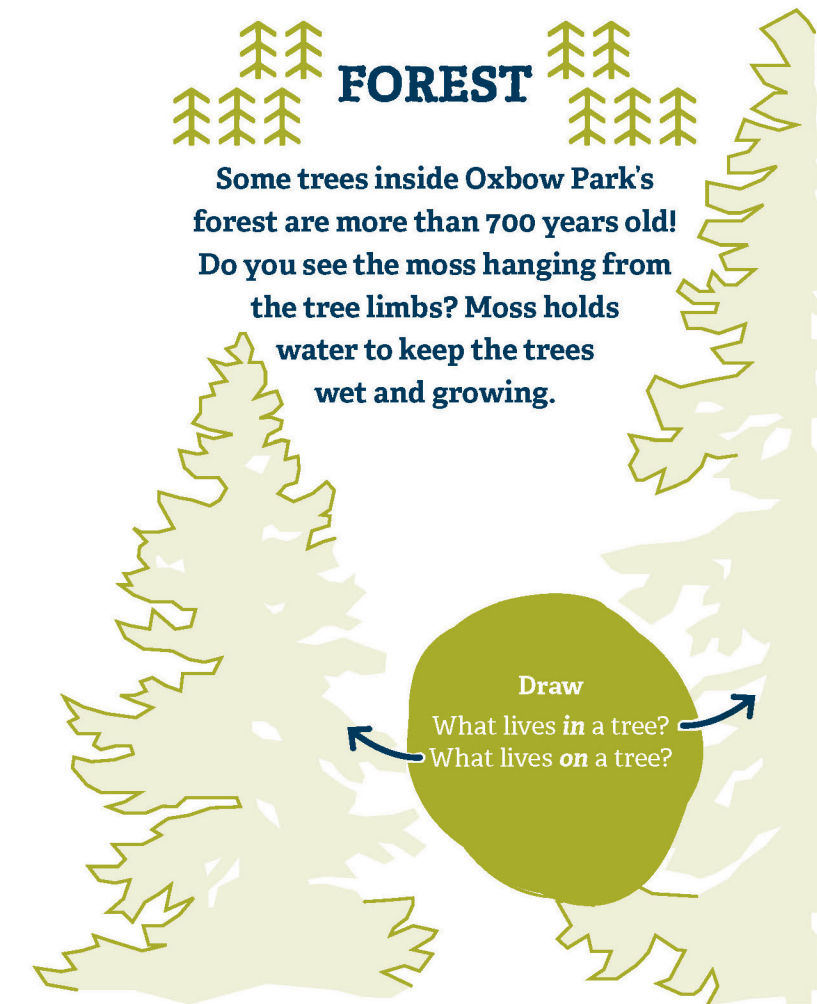
Find 10 creatures: birds, bugs, fish,
frogs, snails, slugs, squirrels, deer.
Circle what you find.
Did you find anything else?

Touch

Reach out and gently touch
what's around you. Can you find
something soft? Rough? Slimy?
Smooth? Cold? Wet?

FOREST

Some trees inside Oxbow Park's
forest are more than 700 years old!
Do you see the moss hanging from
the tree limbs? Moss holds
water to keep the trees
wet and growing.



MOUSE TALE

An Indigenous story tells how a mouse ran around looking for a place to hide when the forest caught fire. No tree could offer a safe place. Not the maple. Not the oak. Only the Douglas fir. The mouse hid inside the cone. When you find a Douglas fir cone, look for all the mice legs and tails peeking out from their hiding places under the cone's scales.



Speak

Whisper to a tree! Tell it what you love about being outside. Thank it for oxygen, shade and holding the soil together.

Do you see any standing dead trees? Look for holes in the bark. What do you think made the holes? Why?

Do you see a fallen tree with other plants growing out of it? This is called a nurse log, because it helps other plants, mushrooms and creatures grow.

ANCIENT FOREST

Plan
30-45
minutes

How old is a tree? Find a log. Count the rings on the end. A tree grows a new ring every year, so how old was this tree?



Listen



How many different birds do you hear? What else do you hear?

ALDER

These yellow dots are your path. Follow them and the signs to complete the activity.

BEACH

Plan
30-45
minutes

Walk to the water's edge. Gently turn over a rock. What do you see? Bugs? Fish? What else? Gently put the rock back.

RIVER

Every fall, salmon swim from the Pacific Ocean to the Sandy River. They lay their eggs in the same place where they hatched years before. What other animals migrate to find food or to lay eggs?

