Make a difference every day

# Be a Resource RRRescuer!



Reducing, reusing and recycling can help conserve natural resources. To find out how, color your way through this activity book.

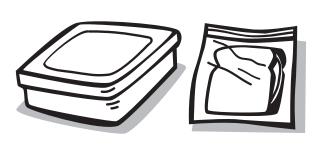
Use as little as you can

## That's Reduce!























If you reduce first, you can cut down on things that need to be reused, recycled or thrown away.

You will also save resources! The best way to reduce is to think carefully about what you are buying.

Look at the pairs of items above and choose the items that will create less garbage or use fewer resources.

Color the items that would make less garbage. Put an X through the item that would use more resources or make more garbage.

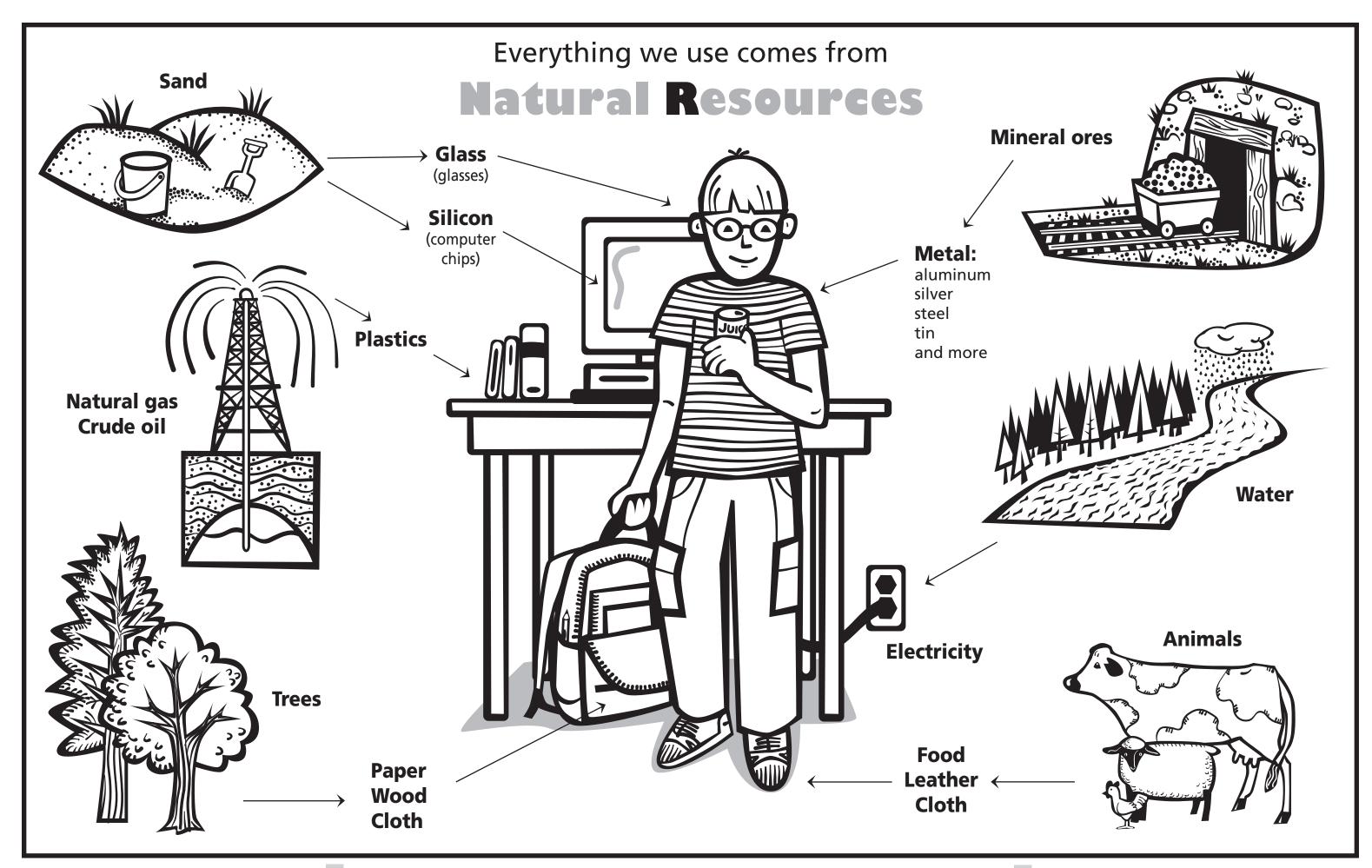
#### Use it again and again

### That's Reuse!

Many items can be used again before they are recycled or thrown away. When items are reused, less garbage is created and fewer new materials from natural resources are needed.

Choose one or more items from the Art Box and design a way to reuse them.





#### Put it in your curbside bin

# That's Recycle!

In our region, most families can recycle at curbside. Circle the items that can be collected for recycling in your city.



Corrugated cardboard and brown paper bags



Magazines and catalogs



Newspapers and phone books



Steel (tin) cans and empty aerosol cans



Glass bottles and jars



**Used motor oil** 



Paper milk cartons and juice boxes



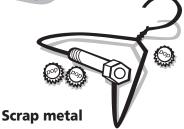
Scrap paper



Plastic bottles and milk jugs



**Aluminum** 



Yard debris

#### Used doesn't mean "used up"



Instead of throwing away unwanted items, find a new home for them.
Gather up your good used toys or clothes and sell or donate them to someone who can use them.



# Can you find the hidden RRR words?

Circle the RRR words you find hidden in the puzzle. Cross out the words on the list when you find them in the puzzle. Words are horizontal, vertical and diagonal.

REDUCE
REUSE
RECYCLE
NATURAL
RESOURCES
CONSERVE
OIL
ROCKS
SAND
TREES
GLASS
METAL
PAPER

**PLASTIC** 

N	Α	Т	U	R	Α	L	Z	W	Ε
R	Е	U	S	Е	Q	R	S	C	G
Н	0		L	S	L	M	U	0	Υ
V	M	T	В	0	Α	D	X	N	Р
Т	Е	R	W	U	Е	L	G	S	L
Р	Т	Ε	0	R	F	Р	G	Е	Α
Α	Α	Ε	S	С	K	L	S	R	S
Р	L	S	Z	Ε	K	0	Α	V	Т
Ε	Α	D	N	S	M	S	N	Е	
R	Е	C	Y	С	L	Ε	D	Е	С

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# Note to parents and guardians

Please read through this booklet with your child and help make a difference every day in your

home! For more information
about waste prevention, including
composting, household hazardous waste
and recycling, call Metro Recycling Information at
503-234-3000 or go to www.oregonmetro.gov/
recycling.





Metro representatives

Metro Council President – David Bragdon Metro Councilors – Rex Burkholder, Carlotta Collette, Kathryn Harrington, Carl Hosticka, Robert Liberty, Rod Park Auditor – Suzanne Flynn

www.oregon**metro.gov** 600 NE Grand Ave., Portland, OR 97232

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