

Metro Parks and Nature Field Guide

GLENDOVEER GOLF AND FITNESS TRAIL

STORY BY *Nicole Lewis*

PHOTOGRAPH BY *C. Bruce Forster*

“A beautiful 36-hole golf course just 15 minutes from the heart of the city with fresh green tree bordered fairways — truly the golfers Mecca.” So boasts a 1930s Oregon Golf Magazine advertisement for Glendoveer Golf and Tennis Center.

Since 1924, Glendoveer has served as a center of community in northeast Portland. As the economy, greater Portland community and the world of recreation have evolved, so has Glendoveer. Today, this cherished resource attracts more than 250,000 visitors annually, and offers new and fun ways to experience a golf course that reach a far broader community than the golf and tennis crowd alone.

Year-round, residents of all ages enjoy a quiet walk or run along Glendoveer’s 2.2 mile perimeter trail. This wood-chipped path provides a safe place for exercise and nature experience close to home for the local Hazelwood community. Lose yourself among the sequoias, big-leaf maples, cedars and Douglas firs — including a heritage tree that started growing when the United States became a nation.



Glendoveer offers FootGolf, the innovative sport that combines soccer and golf. Try out your skills on the same holes played by Major League Soccer All-Stars.

Free community events attracted nearly 6,000 people last year. Glendoveer is a proud community partner and hosts and sponsors blood and clothing drives, charity tournaments, and golf programs that integrate life skills mentoring and support for local children in foster care. For two years running, Glendoveer

has hosted the prestigious Nike Cross Nationals, the high school national cross-country championships, which also includes a community run open to the public.

From wildlife habitat to solar energy, Metro’s commitment to a healthy environment comes to life across the property. This site serves as an island oasis of nature among the busy city streets. And recent course improvements save 31 million gallons of water a year.

BE ON THE LOOKOUT!



TRILLIUM



ANNA'S HUMMINGBIRD



GOLDEN CROWNED KINGLET



COYOTE

GLENDOVEER GOLF COURSE AND FITNESS TRAIL

14015 NE Glisan St., Portland

oregonmetro.gov/glendoveer

DIRECTIONS

TriMet buses 20, 25 and 77 stop within half a mile. MAX Blue Line stops at East 122nd or East 148th avenues are a mile away.

KNOW WHEN YOU GO

Glendoveer trail open sunrise to sunset. pro shop and tennis facility open 6:30 a.m. to 9:45 p.m. year-round. Available tee times for golf vary by season.

AMENITIES

Two 18-hole golf courses, driving range, indoor tennis, pro shop. Two-mile, woodchipped loop trail with restrooms, picnic table, drinking fountain. RingSide Grill restaurant.

RESERVATIONS

For golf, FootGolf and tennis reservations call 503-253-7507.

METRO PARKS AND NATURE

Whether you're in the mood for a short hike or a weekend camping trip, a boat ride or a picnic, Metro has a destination for you. You'll share the landscape with salmon swimming in restored streams, birds streaking across the sky and giant, old oak trees towering overhead. Thanks to voters, you can explore 17,000 acres of parks, trails and natural areas across the Portland metropolitan region.

If you picnic at Blue Lake or take your kids to the Oregon Zoo, enjoy symphonies at the Schnitz or auto shows at the convention center, put out your trash or drive your car – we've already crossed paths. *So, hello. We're Metro – nice to meet you.*

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IN THE NEIGHBORHOOD

Grab some onion rings or enjoy a happy hour cheeseburger at RingSide Grill, a Portland institution located at Glendoveer. Nadaka Nature Park at Northeast 176th Avenue and Northeast Glisan Street features a nature play area, meadow and short loop trail. Visit Ventura Park at Southeast 115th and Southeast Stark Street, where bicyclists can practice their skills at the pump track built and maintained by the Northwest Trail Alliance. Metro's Blue Lake Regional Park and Chinook Landing Marine Park are just a 15-minute drive away. For more information, visit playglendoveer.com



SEASON BY SEASON

SPRING: Glendoveer's annual Easter egg hunt drew nearly 4,000 in 2015. Explore the grounds with your young friends and family this Easter during the free event. Free kids golf and tennis clinics are offered spring, summer and fall. Look for the beautiful, white trillium blossoms along the trail, and rufous hummingbirds in early spring. If you're out at dusk, you may see a Western screech owl.

SUMMER: Play a round of golf on one of Glendoveer's two 18-hole courses or try out FootGolf. Tour the course on a GolfBoard and see what it's like to "skateboard" over the grass. Sign up the kids for weeklong golf and tennis camps. Be on the lookout for twilight walks with a naturalist – explore the natural side of Glendoveer at a unique time of day.

FALL: Every Halloween, Glendoveer transforms into a "Haunted Forest," providing a safe, fun and dry place for trick-or-treating. Fall-themed tennis and golf events are a fun way to enjoy the last of the nice weather. And don't forget "Glendo-Fest," the end of summer season family event celebrating all things Glendoveer. Enjoy a stroll around the fitness trail and soak in the vibrant colors. You'll see vine maple, western hazel and red huckleberry, among others.

WINTER: Donating to the on-site holiday charity drives is a fulfilling and accessible way to support the community. Or help care for the Glendoveer trail and remove invasive plants by joining the annual Martin Luther King Jr. Day of Service work party in January. For those who go stir crazy during the winter, don't forget: the tennis facility and driving range is covered and, more importantly, the latter is heated.